



A Parish of the  
Diocese of Toronto  
Anglican Church  
of Canada



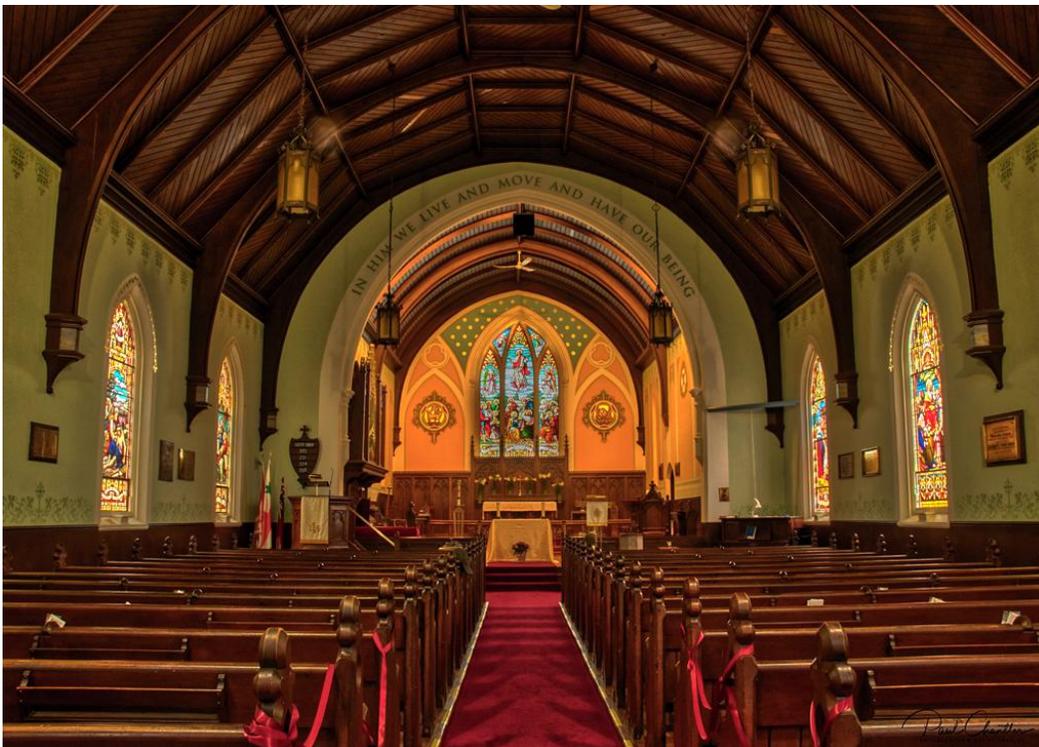
# Parish e-News

## St Thomas' Anglican Church

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The Priest-in-Charge will be on vacation next week; thus, the e-News will not be published nor will the YouTube video of the Liturgy for August 30<sup>th</sup> be sent out as usual. Publication will resume on September 3<sup>rd</sup>.



***Public worship at St Thomas' remains cancelled due to Covid-19  
but is scheduled to resume on September 13<sup>th</sup> at 10.30 am***

***A Youtube video link of this week's Sunday liturgy will be sent out on Saturday evening. The Order of Service is found below. The readings for the following Sunday, August 30<sup>th</sup> are also included below.***

**Forward Day-By-Day** - daily Bible readings & other resources for prayer and study - available online at: <https://prayer.forwardmovement.org/>

***Our bishops have set Sunday, September 13<sup>th</sup> as the day that we are free to resume our regular church services.*** The diocese has set out strict requirements that must be followed by parishes for the conduct of public worship. The two most important things required of us will be to maintain physical distancing (2 meters) at all times and also use face masks when indoors. Congregational singing will not be allowed, but instrumental and vocal solos will be permitted. More information will be forthcoming. *We look forward to seeing you back at church this fall!*

***The parish secretary is normally available Tuesday-Thursday from 9.30-11.30 am by telephone at 705-932-2233 (please leave message).*** For urgent matters, please call the Priest-in-Charge at home (705-932-1231). If (and *only* if) his home voicemail is turned off, please call his cell phone at 705-313-9002, and leave message.

***One of our parishioners is making non-medical cloth face masks*** which are now required by Public Health for use in indoor settings or where physical distancing is difficult. To obtain a mask, please contact the Priest-in-Charge.

**The Churchwardens continue to be very grateful to parishioners and friends of our parish who are making a concerted effort to keep up their regular offerings**  
**Thank you for your support!**

***Weekly or monthly offerings (for those who are not on PAR) can be made in the following ways:***

- ***By regular mail*** - to **St Thomas' Anglican Church, P. O. Box 187, Millbrook, Ontario, L0A 1G0**. Cheques only please--made out to St Thomas' Church. *Post-dated cheques, for future contribution periods, would be welcome and very much appreciated.*
- ***By e-transfer from your bank account.*** Please call Gail at the parish office at 705-932-2233 (leave message) or email her at [cavmanparish@nexicom.net](mailto:cavmanparish@nexicom.net) to arrange.
- ***By pre-arranged 'drop off' at the home of the Priest-in-Charge.*** Please call 705-932-1231 to arrange a mutually convenient time.
- ***By pick-up from your home if you can't get out*** - please call 705-932-1231 to arrange a mutually convenient time. All public health protocols ('physical distancing,' etc) will be strictly followed.
- ***By Pre-Authorized Remittance:*** If you wish to enroll in PAR, please call the parish office during office hours. An authorization form will be mailed (or emailed) to you.
- ***By using the secure online donations link on our parish website.*** Here is the link: <https://www.canadahelps.org/en/charities/119202950RR0001-st-thomas-church/>

**Liturgy of the Word**  
**12<sup>th</sup> Sunday after Pentecost**  
**Proper 21, Year A**  
**August 23<sup>rd</sup>, 2020**

Blessed be God: Father, Son, and Holy Spirit;  
**and blessed be God's kingdom now and for ever. Amen.**

**Almighty God, to you all hearts are open,**  
**all desires known, and from you no secrets are hidden.**  
**Cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name;**  
**through Christ our Lord. Amen.**

Come, Holy Spirit of God  
**and search our hearts with the light of Christ.**

Let us confess our sins, confident in God's forgiveness.

*(silence for reflection)*

**Lord God, we have sinned against you;**  
**We have done evil in your sight.**  
**We are sorry and repent.**  
**Have mercy on us according to your love.**  
**Wash away our wrongdoing and cleanse us from our sin.**  
**Renew a right spirit with us**  
**and restore us to the joy of your salvation,**  
**Through Jesus Christ our Lord. Amen.**

Lord, have mercy.  
**Christ, have mercy.**  
Lord, have mercy.

**May the God of love and compassion**  
**forgive us and free us from all our sins,**  
**heal and strengthen us in the Holy Spirit,**  
**and raise us to new life in Christ. Amen.**

## ***Collect of the Day***

Almighty God,  
we are taught by your word  
that all our doings without love are worth nothing.  
Send your Holy Spirit and pour into our hearts  
that most excellent gift of love  
the true bond of peace and of all virtue;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.  
Amen.

A reading from Exodus (1.8-2.10)

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes."

So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

Holy Word; Holy Wisdom. **Thanks be to God.**

*Responsorial Psalm (124)*

If it had not been the LORD who was on our side -- let Israel now say -- if it had not been the LORD who was on our side, when our enemies attacked us,  
**then they would have swallowed us up alive, when their anger was kindled against us;**

then the flood would have swept us away, the torrent would have gone over us;

**then over us would have gone the raging waters.**

Blessed be the LORD, who has not given us as prey to their teeth.

**We have escaped like a bird from the snare of the fowlers; the snare is broken, and we have escaped.**

Our help is in the name of the LORD, who made heaven and earth.

**Glory to God: Source of all being, eternal Word, and life-giving Spirit: as it was in the beginning, is now, and shall be for ever. Amen.**

A reading from the Letter of Paul to the Romans (12. 1-8)

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God--what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Holy Word: Holy Wisdom. **Thanks be to God.**

**Alleluia, alleluia!** Jesus is the Christ, the Son of the living God. **Alleluia!**

The Holy Gospel of our Lord Jesus Christ according to Matthew (16.13-20)  
**Glory to you, Lord Jesus Christ.**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?"  
And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

The Gospel of Christ.  
**Praise to you, Lord Jesus Christ.**

*Homily - will be available on the 'Youtube' video of this liturgy*

### ***Affirmation of Faith***

**Hear, O Israel,  
the Lord our God, the Lord is one.**

**Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.**

**This is the first and the great commandment.**

**The second is like it:  
Love your neighbour as yourself.**

**There is no commandment greater than these.**

### ***Prayers of the Faithful***

Let us pray to God the Creator,  
who has reconciled all things in Christ.

Holy God,  
robed in majesty;  
Lord of heaven and earth;  
we pray that you will bring justice, faith and salvation to all people.  
We pray for the leaders our country and the world; that they  
may work for justice, freedom, and peace. *(silence)*

Lord, hear us.

**Lord, graciously hear us.**

You chose us in Christ to be your people  
and to be the temple of your Holy Spirit.  
Fill your Church with vision and hope.  
In our diocesan family, we pray especially for Andrew and Ryscilla our bishops.  
In the Anglican Communion we pray for churches  
in the provinces of our communion  
severely affected by Covid-19. *(silence)*

Lord, hear us.

**Lord, graciously hear us.**

Your Spirit pleads for us in our weakness;  
we pray for all who are in need or distress.  
We pray for the for the sick and frail,  
those who mourn,  
and for all who need our prayers. *(silence)*

Lord, hear us.

**Lord, graciously hear us.**

In the life, death, and resurrection of Jesus,  
you have opened heaven to us  
and enabled us to share in your own glory.  
May your whole Church, living and departed,  
share in the joy of the resurrection.  
We pray for the recently deceased... *(silence)*

Lord, hear us.

**Lord, graciously hear us.**

Let us commend ourselves, and all people of good will,  
to the mercy and protection of almighty God. *(silence)*

Grant these our prayers, Father, for the sake of your Son, Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit, ever one God, world  
without end. **Amen.**

Gathering our prayers and praises into one, let us pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

***Act of Spiritual Communion***

*Adapted from the Book of Common Prayer*

**O God, your Son Jesus Christ has given us a meal of bread and wine as an outward sign of his living presence. May we, who at this time cannot celebrate the holy mysteries of his Body and Blood, receive him spiritually in our hearts by faith with thanksgiving; that we may evermore dwell in him and he in us. Amen.**

**Glory to God, whose power working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

The peace of God, which passes all understanding,  
keep our hearts and minds in the knowledge and love of God,  
and of God's Son Jesus Christ our Lord:  
and the blessing of God almighty,  
Father, Son, and Holy Spirit,  
be among us and remain with us now and always. **Amen.**

Let us go forth in peace to love and serve the Lord.  
**Thanks be to God!**

**Readings for next Sunday - August 30<sup>th</sup>, 2020**  
**13<sup>th</sup> Sunday after Pentecost - Proper 22, Year A**

*Exodus 3:1-15*

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you' This is my name forever, and this my title for all generations.

*Psalm 105:1-6, 23-26, 45b*

O give thanks to the LORD, call on his name, make known his deeds among the peoples. Sing to him, sing praises to him; tell of all his wonderful works. Glory in his holy name; let the hearts of those who seek the LORD rejoice. Seek the LORD and his strength; seek his presence continually. Remember the wonderful works he has done, his miracles, and the judgments he uttered, O offspring of his servant Abraham, children of Jacob, his chosen ones. Then Israel came to Egypt; Jacob lived as an alien in the land of Ham. And the LORD made his people very fruitful, and made them stronger than their foes, whose hearts he then turned to hate his people, to deal craftily with his servants. He sent his servant Moses, and Aaron whom he had chosen. Praise the LORD!

### *Romans 12:9-21*

Let love be genuine; hate what is evil, hold fast to what is good; Love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

### *Matthew 16:21-28*

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? "For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

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